

丁亥年 二零零七年六月八日 星期五 人生莫測多少撲朔迷離事 天地滄茫真相指南不愁歸宿

布達佩斯太陽報： 高壓下的平和

【明慧週報訊】《布達佩斯太陽報》(The Budapest Sun)在五月二十四至三十日的健康特刊中，以「高壓下的平和」介紹了匈牙利法輪功學員修煉的故事，以及中共對法輪功的迫害。

文章說，赫瓦斯(Tibor Horvath)在經歷多年的背痛，以及胯骨、膝蓋和腳踝酸痛之後，通過修煉法輪功簡單易學的功法，使他完全從這些疼痛中解脫出來。

自從赫瓦斯七歲開始練習功夫以來，他的身體一直很健康。但是，他要付出的代價是，多年來過度的肌肉緊張給他的肌肉和肌腱帶來顯著的傷害。

在他十九歲的時候，諸如走路、彎腰，或是躺下這些簡單的動作都會讓他感到劇烈的疼痛。但是，自從他開始參加在布達佩斯法輪大法煉功點兒的煉功，這一切症狀都開始得到緩解。

在煉功的頭一個月裡，他的

肌肉酸痛得到明顯改善。他過去常感到身體發沉，並感覺疲倦，但這些症狀在他煉法輪功的頭一個月裡完全消失了。他說：「我的肌腱疼痛也在一年半內消失了。我不再受到這些症狀的困擾了。」

文章說，中國政府以前也曾褒獎過法輪大法，但是中共從一九九九年開始迫害法輪功，並抓捕法輪功學員。由全世界法輪功學員統計的結果顯示，迄今為止，已有超過三千零二十四名法輪功學員死於中共這場迫害。人權觀察說，實際的死亡人數可能高達一萬。

最近，加拿大人權律師大衛·麥塔斯在匈牙利公布了一份調查報告，以及打往中國大陸軍隊醫院醫生的詳細電話錄音稿。許多接聽電話的人公開承認摘取法輪功學員的器官，出售給國外等待做器官移植手術的病人。

大赦國際布達佩斯分部表達

了對中共肆意監禁成千上萬的法輪功學員的關注。一些匈牙利的議員正在呼籲採取進一步行動，他們說，應該讓匈牙利人了解接

受非法摘取的器官的風險，並且因此可能要承擔的法律上的責任。

目前，法輪功受迫害真相聯合調查團(簡稱CIPFG)向中共政

權提出三點嚴正要求：1、釋放所

有被關押的法輪功學員；2、停

止對聲援和維護法輪功學員權益的維權律師和正義人士(如高智

晟、力虹等)的迫害；3、就「活

摘器官」的控告，接受國際社會

HEALTH & LEISURE FOCUS
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FELDENKRIAS BENDS IN BUDAPEST THE STARS HAVE THE ANSWERS TRADITIONAL TAI CHI FOR WOMEN

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Peacefulness under pressure

The story of a controversial Chinese practice now in Hungary, the Central European University and an angry Chinese Embassy

Richard Szabó
The Budapest Sun

AFTER years of suffering from back pain and sore hips, knees and ankles, Tibor Horvath says that he found the cure. Five simple exercises, known as Falun Gong, better known to the wider world as Falun Zongzi, completed his recovery.

Horvath, 45, has been practicing Kung Fu since the age of seven. He enjoyed good health, but, over the last few years, he began to feel pain, causing significant damage to his muscles and tendons. He tried various forms of exercise, simple tasks like walking, bending over and lying down would all cause him pain.

But things turned for the better after he began to practice Falun Gong in Budapest. He saw an improvement within the first month.

“I used to feel very heavy and tired, but now I feel lighter and more energetic after this feeling completely disappeared and this feeling completely disappeared.”

Now, Horvath, who was born in 1952, goes within one and a half years – no longer suffer from fibromyalgia.

First made public in China during 1992, this previously secret form of qigong, “the new yoga” as some call it, consists of slow movements, smooth standing movements and a sitting meditation.

Falun Gong has spread worldwide and is now practiced by 100 million people in 60 countries. It has won them thousands of awards, proclamations and letters of commendation from governments as well, recognizing its health benefits and contributions to society.

The Chinese government had also banned Falun Gong in 1999, arresting its leader in 1999.

The Chinese government in Hungary justifies the move, describing

Falun Gong as a doomsday sect that is bent on overthrowing the regime. Upon closer inspection, however, Falun Gong holds no elements that are critical of Chinese culture or ideology.

“Falun Gong is based on ancient Chinese philosophy and is predicated on ‘Truth, Compassion and Tolerance.’

POPULAR MOVEMENT

Horvath believes that the Chinese government changed its stance, because it forced losing its popularity and influence.

Falun Gong became very popular among Hungarians in recent months.

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